



#1 – #15

#16 – #30

#31 – #45

#46 – #60

#61 – #75

<input type="checkbox"/> One thing stress does to me is ...	<input type="checkbox"/> Two things I can do when I feel stressed are ...	<input type="checkbox"/> If stress could be seen, it would look like ...	<input type="checkbox"/> A time when stress can be positive is ...	<input type="checkbox"/> The way Mom/Dad handles stress is ...
<input type="checkbox"/> One thing that causes me stress is ...	<input type="checkbox"/> In my body, I feel stress ...	<input type="checkbox"/> If stress were a thing, it would smell like ...	<input type="checkbox"/> A time when stress can be negative is ...	<input type="checkbox"/> A stressful event that happened in my life was ...
<input type="checkbox"/> When I am stressed, I feel ...	<input type="checkbox"/> Two quick fixes for stress are ...	<b>FREE SPACE</b> <b>BINGO</b>	<input type="checkbox"/> A relaxation technique I can use when stressed is ...	<input type="checkbox"/> When creating a quiet scene in my head, I like to go ...
<input type="checkbox"/> To calm myself down when I am stressed, I ...	<input type="checkbox"/> Something I can do to help avoid stress is ...	<input type="checkbox"/> If stress were a thing, it would act like ...	<input type="checkbox"/> Two stressors in my life are ...	<input type="checkbox"/> Something I can do every day to reduce stress is ...
<input type="checkbox"/> Someone I could talk with when I am stressed is ...	<input type="checkbox"/> Something that worries me is ...	<input type="checkbox"/> If stress could be heard, it would sound like...	<input type="checkbox"/> Two ways a person can relax are ...	<input type="checkbox"/> Someone who seems stressed a lot is ...