$\sqrt{\alpha}$ α S.M.A.R.T. Goal Planner S.M.A.R.T. Goal Planner What EXACTLY do What EXACTLY do $S_{pecific}$ I want to happen? $\mathbf{S}_{\text{pecific}}$ I want to happen? I will know I have I will know I have Measurable reached my goal when... Measurable reached my goal when... With hard work, With hard work. Achievable is it possible to is it possible to Achievable reach this goal by reach this goal by the deadline? the deadline? My goal is important Realistic and My goal is important Realistic and enough for me to put a enough for me to put a Relevant Relevant plan into action. I will plan into action. I will follow this specific plan follow this specific plan to reach my goal: to reach my goal: I will reach my goal by: I will reach my goal by: Time-Bound Time-Bound