**SEL Lesson Plan – Week 6**

**Friendship Values**

**Overview:**

Thinking about the kind of friend they want to be helps students create positive relationships with peers. Identifying friendship values is a focused way for students to clarify what's important to them in friendships and think about specific ways to make good peer connections.

**Objectives:**

* Explore the values that are important for friends to have
* Analyze how your values affect your relationships with friends

**Lesson Tip**

Before teaching the lesson, think of times you’ve seen students in your class demonstrating positive values with their peers. Use these as examples for students as they move through the lesson.

**MONDAY: Start with Hello Lesson**

* **Collaboration**
* How would you feel if you were isolated, lonely, or treated as if you were invisible?
* Where does social isolation happen at our school?

Complete presentation to introduce “Start with Hello” week.

**TUESDAY- Friendship Values**

* **Collaborate**
* Tell the class about something nice you did recently for a friend of yours.
* What something nice you’ve seen someone else do this week?
* **Video:** Friendship Values (Second Step mp4)
* **Class Discussion:**
* What values do you think are important for a friend to have?

**WEDNESDAY: Positive Post-it Notes Day**

* **Activity: Positive Sticky Note Challenge**
* Challenge you to make one sticky note and leave it somewhere for somebody to find this week!

**Video:** <https://www.youtube.com/watch?v=08cnWLV33y8>

**THURSDAY: Positive Relationships**

* **Collaboration:**

*Being a good friend isn't always easy.*

* What are somethings that can make it hard to be a good friend?
* What are somethings you could do based on your values to overcome the issue you identified?
* **Video:** [**https://www.youtube.com/watch?v=cBtFTF2ii7U**](https://www.youtube.com/watch?v=cBtFTF2ii7U)
* **Class Discussion:**
* What are some values Bella and Tara show in their friendship?
* What are some differences they had to get over to be friends?

**FRIDAY:**

* **Collaboration:**
* What are some possible signs of a positive relationship?
* How can remembering your values help you be a good friend?
* **Video:** How can values help people get along? (Second Step MP4)
* **Class Discussion:**
* Choose one of your values.
* Describe a time when remembering it helped you be a good friend.