**SEL Lesson Plan – Week 6**

**Social Values**

**Overview:** Student conflicts often start or escalate online. Thinking about values can help students clarify how they want to behave. This lesson helps students apply their values to online social interactions.

**Objectives:**

* Identify values that contribute to a positive online world
* Create a values-based plan for how to help build a positive online world

**Lesson Tip**

This lesson asks students to talk about their online social world. Since the ways students interact online vary widely and change rapidly, be ready to adapt this lesson to fit your students’ experiences.

**MONDAY – No School**

**TUESDAY- Do Values effect my decisions**

* **Collaborate**
* What values do you see people show here at school?
* How do they show them?
* **Video:** “What are Social Values”? (Second Step Video) mp4 file.
* **Class Discussion:**
* How do other students' values affect how you feel about being at school?

**WEDNESDAY: Using values to make decisions**

* **Collaboration:**
* Is your most important value at home different from your most important value at school?
* Do people have the same values on social media as they do in person?
* **Video:** “What Can be difficult about Socializing Online”? (Second Step Video) mp4 file.
* **Class Discussion:**
* What can make it difficult for people to remember their values when they're texting or socializing online?
* How can what you do online to make your online (social media) world a better or worse place?

*It’s easy to hide behind your screen. When you can’t hear someone’s voice, you can assume the worst and forget your values. Lots of people see it, so you want to defend yourself right away.*

**THURSDAY: Cyberbullying**

* **Video:** What would you do? Cyberbullying

[**https://www.youtube.com/watch?v=PC0l2RFNh-U&t=29s**](https://www.youtube.com/watch?v=PC0l2RFNh-U&t=29s)

* **Class Discussion:**
* What would you have done?
* Is it OK to just ignore cyberbullying as long as you do not participate?

**FRIDAY: Class Discussion**

* **Collaboration:**
* Have you ever witnessed someone being mean online?
* Have you ever joined in?
* **Class Discussion:**
* Tell us about a time you witnessed someone getting picked on online. What happened and what caused it to stop?
* Online bullying is when someone keeps being mean to someone else on purpose online. How can the effects of bullying be amplified when they happen online?
* Who can you go to for help if you witness online bullying? Why would you go to that person?